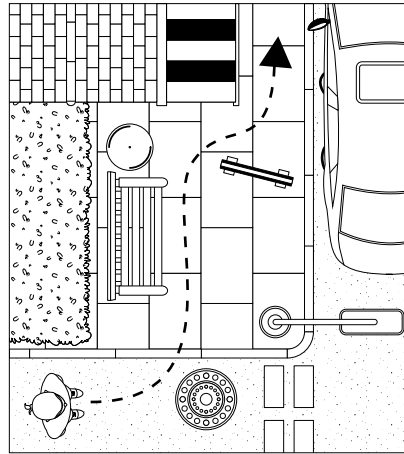
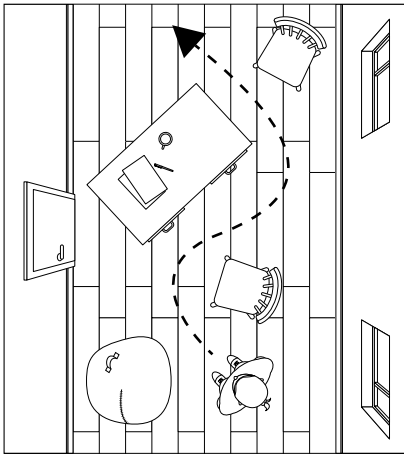


UNDERSTAND THE ISSUE ACTIVITY:

GETTING FROM A TO B

This obstacle course will help your young people gain valuable insight into the difficulties faced by people with sight loss

SUITABLE FOR ALL SECTIONS



1 Set up a simple obstacle course in your meeting place, using chairs, bags, bean bags and everyday objects to map a path.

2 Working in pairs, ask one of the young people in the pair to wear a blindfold.

3 Then ask the participant without the blindfold to navigate the blindfolded Scout around the course, without touching or guiding them.

4 Once they get to the end of the course, get the participants to discuss the difficulties they found in completing their journeys through the course.*

5 To end the discussion, get participants to consider applying these to everyday tasks, such as

navigating around the house, getting to the wardrobe and choosing an outfit, getting to the bathroom and taking a shower or going to the shops and buying food.

6 This session is focused on sight loss, but you could also get Scouts thinking about how other disabled people would find this a challenge.

7 To make this activity more realistic and harder for older sections, you could visit a Scout Adventures centre and try some real obstacle courses blindfolded.

*This activity requires supervision and a risk assessment to be carried out. Remember to ensure that your young people know how to remove the blindfold should they become disorientated.

TIME NEEDED

30 minutes

EQUIPMENT NEEDED

- obstacle course equipment such as ropes, bags, chairs, blindfolds, bean bags

THIS ACTIVITY LINKS WITH THE FOLLOWING BADGES



Community Impact Staged Activity Badge



Beaver Disability Awareness Activity Badge



Beaver and Cub Teamwork Challenge Award



Cub Our World Challenge Award

NEXT STEPS

You have completed:



The next step is to:



Go to amillionhands.org.uk/bigmoment for a PLAN ACTION activity.

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