



SKILLS



Programme planner: Skills section

What is this programme planner for?

When completing each section of your DofE Programme, you should develop a programme which is specific and relevant to you. This sheet will help you to plan your DofE programme for the Skills section.

For help and support see your DofE Leader or visit www.DofE.org/skills

The Skills section – why do it?

Developing a skill helps you get better at something you are really interested in and gives you the confidence and ability to use this skill both now and later in life.

How long should I do activity for the Skills section?

| Level | Minimum time | Notes |
|--------|----------------|---|
| Bronze | 3 to 6 months | You need to do one of your Volunteering, Physical or Skills sections for 6 months, the others for 3. |
| Silver | 6 to 12 months | You need to do either the Physical or Skills section for 6 months, the other for 3. If you haven't achieved Bronze you must extend your Volunteering or the longer of your Physical or Skills sections to 12 months. |
| Gold | 6 to 18 months | You need to do either the Physical or Skills section for 12 months, the other for 6. If you haven't achieved Silver you must extend your Volunteering or the longer of your Physical or Skills sections to 18 months. |

Programme plan for: *(your name)* _____

What kind of skills do you want to develop? *(tick box)*

Care of animals
 Creative arts
 Games and sports
 Learning and collecting
 Life skills
 Media & communication
 Music
 Natural world
 Performance arts
 Science & technology

Detailed activity chosen:

Where are you going to do it?

What are your goals? What do you want to achieve?

Who is going to support and assess you?