



Programme planner: Volunteering section

What is this programme planner for?

When completing each section of your DofE programme, you should develop a programme which is specific and relevant to you. This sheet will help you to plan your DofE programme for the Volunteering section. For help and support either see your DofE Leader or visit www.DofE.org/volunteering

The Volunteering section – why do it?

Volunteering gives you the chance to make a difference to people's lives and use your skills and experience to help your local community. It gives you the opportunity to become involved in a project or with an organisation that you really care about.



How long do I have to volunteer for?

| Level | Minimum time | Notes |
|--------|-----------------|--|
| Bronze | 3 to 6 months | You need to do one of your Volunteering, Physical or Skills sections for 6 months, the others for 3. |
| Silver | 6 to 12 months | If you haven't achieved your Bronze you need to extend your Volunteering or the longer of your Physical or Skills sections to 12 months. |
| Gold | 12 to 18 months | If you haven't achieved your Silver you need to extend your Volunteering or the longer of your Physical or Skills sections to 18 months. |

Programme plan for: *(your name)* _____

What kind of volunteering do you want to get involved with in your community? *(tick box)*

- Helping people
- Helping a charity or community organisation
- Coaching, teaching and leadership
- Working with the environment or animals
- Community action and raising awareness

How will you find out how you can do this locally? *E.g. ask Leader/family/friends, research on the internet*

What are you specifically going to do? Where are you going to do it?

How will it help an individual, others and/ or your community?

What do you want to achieve? What are your specific goals?

Who is going to help you complete your activity? *E.g. Who will support you? Who will assess you?*

What evidence will you collect to show your progress?