

Ice Breaker/Energiser/Intergrater

Name: Self portrait

Number of Participants: 6+

Equipment: Plain A4 paper and pencils

Time: 10 – 15 mins

Steps:

1. Give 5 minutes for the participants to draw a self-portrait using the hand they don't usually use to draw. The other participants should not be able to see each others drawing.
2. Collect in all the portraits. Go through each one getting the group to guess whose the drawing is.
3. After each artist has been identified ask the artist to share up to 3 memorable facts about themselves.