**Route Plan**

To be completed in accordance with Policy, Organisation and Rules.
Take a copy with you and leave a copy with a responsible local person - cancel on return.

<table>
<thead>
<tr>
<th>Date:</th>
<th>DAY ....... OF.......</th>
<th>OR</th>
<th>ONE DAY</th>
<th>Map(s) Used:</th>
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Objective:

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<tr>
<th>Place or Grid Reference</th>
<th>Magnetic Bearing</th>
<th>Distance (km)</th>
<th>Height Gained (m)</th>
<th>Description of Route</th>
<th>Est. Time for Leg</th>
<th>Total Time</th>
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**Escape Routes**

(1) From ........................................

(2) From ........................................

(3) From ........................................

Use **NAITHSMITH'S RULE** - adjusted to suit the abilities of your particular party - to calculate the estimated timings for each leg. It is usual practice to add 10 minutes per hour for a 'rest'; again adjust timings to suit your party.

FS 120409 (103724) Jan 2001 1/2
## WEATHER FORECAST

**WIND:**
Speed/force .......... becoming .......... knots/mph at .......... metres
Direction ..........

**TEMPERATURE:**
Sea level .......... °C becoming .......... °C at .......... metres
Cloud base .......... metres

**OUTLOOK:**

## EMERGENCIES

Note:
These notes are for those in the local area who have been handed a copy of this Route Plan. If the party fails to return by the agreed time please contact the first two listed below. If the Home Contact cannot be raised please telephone the appropriate Scout Headquarters’ office.

1. **Home Contact**
   - Name .................
   - Address .................
   - Telephone .................

2. **Police –999**

3. **Scout Headquarters**
   - Duty Public Relations Officer:
     - Office Hours: 0845 300 1818
     - Outside Office Hours: 020 7584 7031
   - OR if in Scotland:
     - Office Hours: 01383 419073
     - Outside Office Hours: 01383 412704
   - OR if in Northern Ireland:
     - Office Hours: 028 9049 2829
     - Outside Office Hours: 028 9336 7302

## EQUIPMENT IN PARTY

THIS LIST IS NOT INTENDED TO BE A COMPLETE ONE OF ALL THE EQUIPMENT (BOTH PERSONAL AND COMMUNAL) BUT MORE TO GIVE OTHERS AN INDICATION OF HOW THE PARTY IS EQUIPPED SHOULD THERE BE AN EMERGENCY. ITEMS MARKED * SHOULD BE CARRIED BY EACH MEMBER OF THE PARTY [BUT REMEMBER THAT THE EXACT DETAILS OF THE EQUIPMENT WILL BE DEPENDANT UPON YOUR OBJECTIVE AND THE DURATION OF THE JOURNEY].

*Insert numbers if appropriate:*

- Maps [minimum of 2]
- Compasses [minimum of 2]
- * Waterproofs
- * Spare Clothing
- * Whistle
- * Food/Drink [for journey]
- First Aid Kit
- Watch
- * Emergency Card and Pencil

- Torch
- * Emergency Rations
- Survival Bag(s) or Tent
- * Ice Axe [winter conditions]
- * Crampons [winter conditions]
- Confidence Rope
- Sleeping Bag or Duvet
- Small Stove and Utensils
- Matches [waterproof container]